

2008 Foray

Planning for the 2008 foray will soon begin in earnest. It's your foray. Your input is encouraged. While we may not be able to accommodate every request, we will do our best. If you have any suggestions or requests that will improve the next foray, please send them to abqlibba@comcast.net.

Libba Campbell

Next Meeting

The first meeting of the year will be on Monday, 4 February, 2008, 7pm at the NM Museum of Natural History, 1801 Mountain Rd NW in Albuquerque.

There will be **no** January meeting.

NMMS

6336 Mendius NE

Albuquerque, NM 87109-4126



www.mycowest.org



Photos courtesy of Robert Coffan, Southern Oregon University

Submission Deadline

January 20, 2008

Next newsletter will be February Issue.

The Mycorizon

Newsletter of the New Mexico Mycological Society

January 2008

President's Message

Our December potluck was well-attended and featured delectable fungi dishes. A Board meeting was held before the potluck, and it was decided not to have a January meeting but to hold our first 2008 NMMS meeting on February 4th. I will review the Board discussions at the February meeting; in advance, I will be calling for volunteers to support our standing committees, particularly Programs, Hospitality, and Editorial. Please be ready to share your thoughts on future programs you would like to see or present. Best wishes for the holidays and the new year.

Spencer Campbell

Psathyrella aquatic

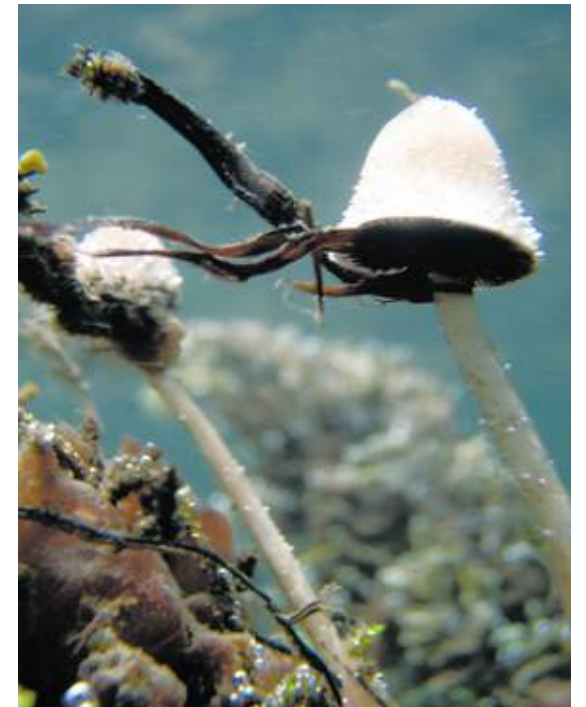
Patrick Laughlin informed us of an article in the *Southern Oregon Mail Tribune* which details a gilled mushroom found growing underwater in the Rogue River in southwest Oregon.

"It has a small bell-shaped cap, a thin stipe (stem) and gills underneath ... Researchers have ruled out the possibility the mushrooms were growing along the banks and were merely submerged by rising waters brought on by snowmelt.

The mushrooms were found in the spring-fed 'base' flow of the river, where the flow is consistent and keeps the mushrooms submerged.

The mushrooms tend to grow on submerged wood but can also be found growing in the gravel"

Readers wishing to view the article on the Web can get there via the **Links** page on the MycoWest website.



Wild Mushrooms on Polenta Rounds

Ingredients

17 oz cooked cornmeal, in the form of a prepared polenta log, sliced into 16 rounds
2 sprays olive oil cooking spray
8 tsp grated Parmesan cheese, divided
(*Parmigiano Reggiano* recommended)
2 tsp olive oil
1 1/4 pound sliced mushrooms (porcini, agaricus, or shiitake)
2 tsp minced garlic
1 tsp rosemary, fresh, chopped
1/4 tsp table salt
1/4 tsp black pepper, freshly ground
3 Tbsp 1/3 less-fat cream cheese
1/4 cup water
2 Tbsp parsley, fresh, chopped (for garnish)

Instructions

Preheat oven to 450°F. Line a baking sheet with nonstick foil (for easy clean-up) or coat pan with cooking spray. Arrange polenta on pan in a single layer. Lightly coat polenta with cooking spray and sprinkle each with 1/4 teaspoon of cheese; bake until cheese is lightly browned, about 15 to 18 minutes.

While polenta rounds bake, prepare mushroom topping.

Heat oil in a large nonstick skillet over medium-high heat. Add mushrooms and cook until softened, stirring occasionally, about 7 minutes. Stir in garlic, rosemary, salt and pepper; cook until fragrant, about 1 minute.

Stir cream cheese and water into skillet; cook over low heat until cream cheese melts and mixture looks creamy, about 2 to 3 minutes.

To assemble, place about 2 tablespoons of mushroom mixture onto each polenta round. Sprinkle each round with 1/4 teaspoon cheese; sprinkle with parsley to garnish.

Yields 2 polenta rounds per serving.

Recipe from Weight Watchers website: weightwatchers.com

Morel Safaris

Leon Chernoff, Editor of *Mushroom the Journal*, contributed this notice.

Question: What do morel-hunting professionals do when massive wildfires produce a bumper crop and drop the price to record lows?

Answer: they form tour groups to introduce the rest of you to the joys of harvesting more morels than you can carry.

Two morel professionals are offering such tours this year, to areas devastated by wildfires in 2007. Both are authentic out-in-the-frontier experiences.

Larry Evans, who runs the Western Montana club and the Fungal Jungal website, is offering tour(s) in Montana, first week of May and all of June. Larry can be contacted at fungus@fungaljungal.org or through snail mail at the Western Montana Mycological Association, PO Box 7306 Missoula, MT 59807

Chris Matheson, who runs a website and tours usually in the southeast, is now doing a morel-hunting trip in Alaska. This is from June 15th - 24th.

More details are available on his website: www.morelmushroomhunting.com
There are only ten spots

available on this trip. Contact Chris at chrismathe@aol.com for price information.

The philosophies of the two tours are somewhat different: Larry seems to be just setting up a base camp for that whole period, and you can come out and spend whatever set of time you want there for \$100 a day. Chris has a more structured tour set up, but is asking that you email him for price.

NMMS SHOPPING

David Arora's
Mushrooms Demystified
*MP \$27.00 **NMP 30.00

David Arora's
All that the Rain Promises....
*M \$13.00 / **N \$15.00

Vera Stucky Evenson's
*Mushrooms of Colorado and
the Southern Rocky Mountains*
M \$15.00 / N \$17.00

Toadstool's Interactive CD
The Secret Lives of Mushrooms
M \$15.00 / N \$17.00

Orson K. Miller Jr. &
Hope H. Miller 's
*North American Mushrooms: A
field guide to edible and inedible fungi*
M \$20.00 / N \$23.00

**Books available at meetings or
contact Terri Wallis at**
505-262-0830 or
twallis@swcp.com

*M = member price
** N = non-member price

If you have not paid your 2008 dues, It's Time!

NMMS Yearly dues are \$20.
Mail your check to:
NMMS Treasurer
6336 Mendius, NE
Albuquerque NM 87109-4126

Please include an application if you need to update your personal information.

If you wish to pay NAMA dues (\$32), please remit separately to:



Ann Bornstein, NAMA.
336 Lenox Ave.
Oakland, CA 94610-4675

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The purpose of NMMS is to advance the understanding and stimulate interest in the field of mycology.