





**NMMS**

6336 Mendius Ave NE  
Albuquerque, NM 87109-4126

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Ann Floyd: Equipment &  
Refreshments & Editorial

This newsletter is published monthly by the New Mexico Mycological Society in Albuquerque, New Mexico.

**Membership**

Yearly dues are \$20 (optional NAMA dues are \$32)

Mail application & check to:  
NMMS Treasurer  
6336 Mendius, NE  
Albuquerque NM 87109-4126

**Meetings:** Are held on the 1st Monday of the month, except July & December at 7:30pm at the NM Museum of Natural History 1801 Mountain Rd NW

## Preventing Lyme Disease

Lyme disease is caused by an organism called *Borrelia burgdorferi*, a bacterium that is often found in deer ticks.

Since deer ticks tend to be prevalent in woodlands, you should take care to wear protective clothing such as light colored, long-sleeved shirts, and tuck your pants into your socks when hiking in these areas.

You should always perform a "tick check" and immediately wash your body after spending time in the woods or tall grass.

In addition, keep an eye out for anything unusual on your skin, especially a rash in concentric rings, like a bull's-eye.

If you have been bitten by a tick and have any other symptoms such as fever or joint pain, consult a doctor who is knowledgeable about diagnosing and treating Lyme disease - the typical treatment is with antibiotics.

Left untreated, about two-thirds of people with Lyme disease develop recurring bouts of arthritis, sometimes years after the infection.

According to the Centers for Disease Control and Prevention, 23,763 people nationwide have been diagnosed with Lyme disease, with the majority of the cases involving 5- to 14-year-olds.

The important thing is to check your self daily. If a tick is on you less than 24 hours, it's difficult for you to get Lyme disease, it needs to be deeply imbedded for 24 hours.

## NMMS SHOPPING

Select from great books, CDs and DVDs that are practical and entertaining. They are useful to beginners as well as veteran mushroom hunters and make great gifts!

David Arora's  
*Mushrooms Demystified*  
\*M \$35.00 \*\*NM 38.50

David Arora's  
*All that the Rain Promises....*  
M\* \$16.00 \*\*NM\$17.50

Jack States'  
*Mushrooms and Truffles of the Southwest*  
\$7.00 \*MP \$9.00 \*\*NMP

Vera Stucky Evenson's  
*Mushrooms of Colorado and the Southern Rocky Mountains*  
**NOW ONLY \$15.00 \*MP \$16.50 \*\*NMP**

Toadstool's Interactive CD  
*The Secret Lives of Mushrooms*  
\*MP \$16.20 \*\*NMP \$18.00

Taylor Lockwood's DVD  
*Treasures from the Kingdom of Fungi*  
\*MP \$15.00 \*\*NMP \$17.00

Taylor Lockwood's Book  
*Treasures from the Kingdom of Fungi*  
\*M \$25.00 \*\*NM \$27.50

**Available at meetings or contact Ann Floyd at 839-3890 or via e-mail: [ann@mycowest.org](mailto:ann@mycowest.org)**

\*M = member price  
\*\* NM = non-member price

# FORAY CHECKLIST:

## TURNED IN REGISTRATION FORM AND CHECK?

**IF NOT:** Bring to the August meeting or mail ASAP to:

NMMS Foray  
c/o: Sharon Chong, Treasurer  
6336 Mendius Ave NE  
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## MADE ROOM RESERVATIONS?

**IF NOT:** Call the Best Western Ruidoso Inn at 505-257-3600 **NOW!**

NMMS special price of \$309.30 for lodging Thursday to Sunday including buffet breakfasts

## MADE VILLA FONTANA BANQUET RESERVATION FOR AUGUST 21st?

**IF NOT:** Remember to contact Pat Brannen at (505) 255-5816 by August 12th

**SEE YOU AT THE**

**NMMS 21ST ANNUAL FORAY**

**AUGUST 11TH—14TH**

**THE BEST WESTERN RUIDOSO INN  
97 CAMELOT DRIVE, RUIDOSO, NM**

**FEATURING MYCOLOGIST STEVE TRUDELL  
MEALS CATERED BY 'THE VILLAGE BUTTERY'**

## WHAT TO BRING:

Sturdy hiking shoes.  
Comfortable layers of clothing.  
Long pants & sleeves.  
Bug protection.  
Sunscreen.  
Compact rain gear.  
Water, Power bars, trail mix, etc.  
Whistle.  
Compass, Walkie Talkie, GPS.  
Wax paper bags.  
Backpack.  
Collection basket.

## PLEASE SIGN UP TO HELP WITH:

Set ups  
Field trips  
Microscopy  
Scouting  
Display coordinating  
Collection & display processing  
Cooking & cleaning for the mushroom tasting.  
Sign up on your registration form or contact Ann Floyd by phone (505) 839-3890 or e-mail: ann@mycowest.org

## DON'T BECOME A HEADLINE LIKE THESE:

MOSKOW, Russia - At least 10 Russians have died, and over 50 others have been hospitalized or received treatment in the past three weeks after eating poisonous mushrooms.

TUXTLA GUTIERREZ, Mexico – The death toll among Indians who ate poisonous mushrooms rose to nine, after two more members of a family who consumed a toxic mushroom soup died. At least 11 people remain hospitalized for mushroom poisoning, some with severe liver damage.

BEIJING, China - Poisonous mushrooms have killed nearly 50 people and left more than 100 seriously ill in China in the current wild mushroom picking season

While it is true that most of people in the above articles refer to are poor and under-educated, not all are. Even Veteran pot-hunters can make mistakes. Just remember:

## REMEMBER: WHEN IN DOUBT—THROW 'EM OUT

### SHARE TRAVEL & ROOM COST

Norma Lynn of Santa Fe has booked a room with 2 queen size beds at the Sunset Canyon Lodge for \$211.00 for the annual foray in August. She would like to share the room and/ or travel cost with some one. Call her at 505-455-7723 or e-mail bigd\_diva@peoplepc.com.

**THIS IS YOUR  
NEWSLETTER**

We welcome your feedback,  
pictures, articles and  
suggestions for improvement!

Contact the editor at  
(505)-839-3890  
or send e-mail to:  
ann@mycowest.org

**Submission Deadline  
for the September issue is  
Thursday August 25th**

**THE CULINARY CORNER**



**GRILLED MATSUTAKE or BOLETE SALAD**

1/2 cup Balsamic vinegar  
1/4 cup Olive oil (extra virgin cold pressed—mild)  
1 tsp Balsam Fir needles fresh (grind up in mortar with pestle)  
1 tsp Sugar  
1 Matsutake or Bolete (large about six oz) sliced 1/2" thick

Combine first four ingredients in glass container.  
Add mushroom slices and mix well.  
Cover and marinate 15 minutes.  
Grill mushrooms over medium heat until golden brown on both sides.  
Arrange mushrooms on bed of mixed lettuce.  
Add thinly sliced radishes & other veggies as desired.  
Use remaining marinade as dressing (heat & cool).

Serves 2.

Return address:

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Send to:

*Visit NMMS on the Web at [www.mycowest.org](http://www.mycowest.org)*