

The Mycorizon

Newsletter of the New Mexico Mycological Society

May 2005

Volume 3 Number 29

President's Message

Rain and snow, well into April has made for delightfully moist conditions this spring.

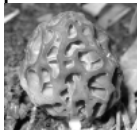
The April 16th excursion into the Sandias (announced in the last Mycorizon and detailed at www.mycowest.org) was a treat.

Streams in the various canyons were flowing vigorously, and not a few edible ascomycetes greeted us along the trail. This seems to be one of those seasons which beckon us to visit the woods.

More good news is that the Foray Committee has confirmed a time and place for this year's Foray:

August 11-14th in Ruidoso. Addition details are presently sparse, but will be available soon at www.mycowest.org and by future printed announcements. Visiting the mountains near Ruidoso will be new for many of us, and I'm looking forward to spending time in that area.

Terri & I will be visiting La Crosse, Wisconsin this July for the Annual NAMA Foray. These are wonderful events to attend, and I hope that New Mexico will have a good representation this year. NAMA Forays abound with opportunities to see new fungi, increase one's mycological knowledge, and visit with a really good group of people.



David Wallis

NMMS 2005 ANNUAL FORAY INFORMATION

Foray Date: August 11-14, 2005, Location: Ruidoso, NM

Lodging & Foray Events at Best Western Ruidoso Inn

97 Camelot Drive, Ruidoso, NM 88255, 505-257-3600

Mention NMMS when you call for the 10% discount.

Room prices include (10% discount, taxes and extended Continental Breakfast). Breakfast includes juices, coffee, waffles, yogurt, eggs, cereal, pastries, etc.

Choice of 2 Queen size or 1 King size. Total for 3 nights: \$309.30

All rooms have a refrigerator, microwave, coffee pot, TV, 2 sinks, hairdryer. **Reservation Deadline: July 11, 2005**

Other Lodging nearby (NO NMMS DISCOUNT):

Holiday Inn Express Ruidoso

400 West Hwy 70, Ruidoso, NM 88345, 505-257-3736

Room prices include (taxes and Continental Breakfast)

3-night total - \$414.01

Motel 6

412 US 70 West, Ruidoso, NM 88345, 505-630-1166

Room prices include morning coffee in lobby (7-10 am)

3-night total with tax for 2 people: \$221.97 for 4 people: \$239.97

Cherokee Mobile Village

501 W Highway 70, Ruidoso, NM, Phone: 505-257-2604

RV hookups available

<http://www.hikercentral.com/campgrounds/107887.html>

More details will be available at the May 2nd meeting.

MONDAY MAY 2nd MEETING PROGRAM

A presentation by Relf' Price, PhD from Los Alamos. He has a Master of Science degree in Botany from Utah State University, thesis title "The Myxomycetes of Montane Northern New Mexico". His Master's thesis advisor was Dr. D.T. Kowalski, a famous myxomycetologist. He has established a program to study the diversity of cryptogams in the Valle Grande, principally myxomycetes, lichens, algae, and mushrooms

Terri Wallis



NMMS

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This newsletter is published
monthly by the New Mexico
Mycological Society in
Albuquerque, New Mexico.

Membership

Yearly dues are \$20
(optional NAMA dues are \$32)
Mail application & check to:
NMMS Treasurer
6336 Mendius, NE
Albuquerque NM 87109-4126
Meetings: Are held on the 1st
Monday of the month, except
July & December at 7:30pm at
the NM Museum of Natural
History 1801 Mountain Rd NW

4/7/05

General Meeting Minutes

19:35–Vice-president Sharon
Chong called meeting to order.

Attendees: 20

New Business:

Treasurer's Report:

Checking account balance
approximately \$3498 and CD of
\$1762. Memberships 43.

Committee Reports:

Equipment - Ann Floyd reported
that digital projectors are around
\$800. Sharon C. will check on
the cost of renting instead.

John Rahart suggested checking
e-bay. Sarah Fretz is looking at
dissecting microscopes and
reports a price range of \$250 -
\$400 for serviceable gear.

Foray - Ruidoso area, August
11-14-05 rooms are pricey,
ranging from \$160/night plus
rental of meeting/display area
\$450 and to rooms \$129

(meeting/display space included).
Plan B: hold foray at Sipapu.
Plan C: select another weekend.

Bill Isaacs' book. – Pat B. is still
pursuing.

Hunting Report - John R. said
that the Rio Salado is very
green. Check out the area where
Highway 85 crosses. Try the
Bernardo exit, go about 5 miles
further south, past Sevilleta.
The Bernardo and La Joya exits
lead to desert-type ecosystems
and a wet year is apt to produce
mushrooms.

Mark Kalin presented John Ra-
hart with a plaque and thanks for
his service to the club.

Program video: - "A Walk in the
Woods" with Sam Ristich
Meeting adjourned at 20:55.

Respectfully submitted,
Mark Kalin

NMMS SHOPPING

AVAILABLE AT MEETINGS

Select from great books, CDs
and DVDs that are practical
and entertaining. They are
useful to beginners as well as
veteran mushroom hunters and
make great gifts!

David Arora's
Mushrooms Demystified
*M \$35.00 **NM 38.50

David Arora's
All that the Rain Promises....
M* \$16.00 **NM\$17.50

Jack States'
*Mushrooms and Truffles
of the Southwest*
\$7.00 *MP \$9.00 **NMP

Vera Stucky Evenson's
*Mushrooms of Colorado and
the Southern Rocky Mountains*
NOW ONLY \$15.00 *MP
\$16.50 **NMP

Toadstool's Interactive CD
The Secret Lives of Mushrooms
*MP \$16.20 **NMP \$18.00

Taylor Lockwood's DVD
*Treasures from
the Kingdom of Fungi*
*MP \$15.00 **NMP \$17.00

Taylor Lockwood's Book
*Treasures from
the Kingdom of Fungi*
*M \$25.00 **NM \$27.50

Available at meetings or
contact Ann Floyd
at 839-3890 or via
e-mail: ann@mycowest.org

*M = member price
** NM = non-member price

**LOOKING FOR
SOMETHING EXOTIC**

**2nd Copper Canyon
Mushroom Expedition
July 24 to 31, 2005**

This tour begins and ends in Chihuahua City and includes comfortable forest and village lodgings and great local cuisine.

**5th Tlaxcala Foray
August 28 to Sept 4, 2005**

You will stay in historic ex-haciendas, rustic mountain lodges and fine town hotels to enjoy the best of Tlaxcala's cuisine, including indigenous wild mushroom dishes.

**3rd Veracruz
Fungi Exploration
October 16 - 23, 2005**

During this tour, we will hunt for fungi (more than 2,000 known in the state) in habitats ranging from sea-side jungle to citrus and coffee regions to forested mountains 6,000 feet high. We might even find specimens in awesome archeological sites.

Former NMMS president John Rahart highly recommends these excursions.

Find more information at:
<http://www.mexmush.com/>

**THIS IS YOUR
NEWSLETTER**

We welcome your feedback, pictures, articles and suggestions for improvement!

Contact the editor at
(505)-839-3890
or send e-mail to:
ann@mycowest.org

**PAUL STAMETS SEMINAR
June 11 & 12, 2005**

Fungi Perfecti offers a series of intensive, hands-on courses in the art and science of mushroom cultivation.

These seminars are conducted by Paul Stamets, mycologist, author and founder of Fungi Perfecti, emphasizing a hands-on approach at our gourmet mushroom research station.

Participants learn tissue culture, spawn generation techniques, substrate preparation, inoculation techniques, and strategies for maximizing yields.

Each participant receives 7 select mushroom strains for their own personal use. (The cultures alone have a value in excess of \$800.00.)

The cultivation of Shiitake, Oyster, Enokitake, King Stropharia, Reishi, Maitake and many others are covered in detail. Space is limited.

Registration is on a first-come basis. Food and lodging are not included. Required textbooks: *The Mushroom Cultivator* and *Growing Gourmet & Medicinal Mushrooms* (not included).

Further information will be sent upon registering. Since space is limited, early registration is strongly advised. Registration fee is not refundable. Registration must be reconfirmed via phone two weeks prior to seminar.

For information contact:
Phone: 360 426 9292
Fax: 360 426 9377
Email: mycomedia@aol.com
Seminar Fee: \$600.00

April 16th excursion find
Photo by *Sharon Chong*



**FOLLOW-UP
to the April issue article:**

**“Medicinal Mushrooms from
Old-Growth Forests
May Counter Smallpox and
Similar Viruses”**

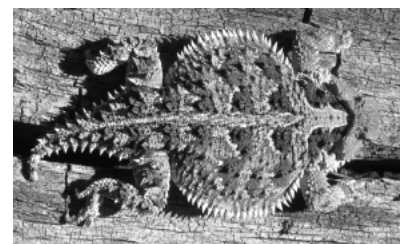
PLEASE NOTE! Extracts from conks are NOT effective and are discouraged. Only extracts from selected strains of cultured mycelium, grown & treated in particular ways, are.

The growth, treatment, and extraction specifications are patent-pending. Sporocarps are increasingly rare and removal could impair reproduction of the fungus in the limited old-growth forest that remains, and it will make it harder to find new individuals or populations of the fungus to test for potency.

"The ecological niche for these unique mushrooms is increasingly jeopardized as humans destroy old-growth habitats," comments Stamets.

"As this happens, the pool of available strains will be further reduced. Acquiring as many strains as possible should be an International priority so that preventive or curative medicines against pox and related viruses can be developed. Personally, I believe we should be saving our old growth forests as a matter of national defense."

*Forwarded by Steve Trudell via
David Wallis*



INTERESTED IN JOINING NMMS?

Annual membership is \$20
Optional NAMA dues are \$32

Attend a meeting:

1st Monday of the month, except
July & December at 7:30pm at
the NM Museum of Natural
History 1801 Mountain Rd NW

Mail application & check to:
NMMS Treasurer
6336 Mendius, NE
Albuquerque NM 87109-4126

Submission Deadline

for the June issue is
Thursday May 26th

THE CULINARY CORNER



TURKEY & CREAMY MOREL SAUCE

2 ounces fresh Morels
1/4 tsp salt
1/4 tsp lemon-pepper seasoning
2 Turkey breast tenderloins or 4 small Turkey cutlets
3 tblsp butter
2 tblsp green onions, sliced
1 clove of garlic, minced
1 1/4 cup milk
1 tblsp all-purpose flour

Fresh herbs, chopped

Combine 3 tblsp flour, salt & lemon-pepper seasoning. Coat turkey with the mixture. Cook turkey in 2 tblsp butter until tender and no longer pink about 8-10 minutes. Remove turkey and keep warm. Use same skillet and add remaining butter, morels, onions and garlic. Cook for 3-4 minutes until tender. Combine milk & remaining flour with whisk, stir into mushroom mixture. Cook and stir until thickened and bubbly. Season with salt & pepper. Sprinkle with herbs.

Return address:

NMMS

6336 Mendius NE

Albuquerque, NM 87109-4126



Send to:

Visit NMMS on the Web at www.mycowest.org